

Children's Health and Environmental Stress

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Environmental stress covers a gamut of adverse natural and man-made energies. Our atmosphere is the cradle that we are brought up in and later live our lives in. It has been found that gravity affects the foetus as early as nine weeks into pregnancy. The electro-magnetic frequencies of infra red and ultra violet daily combining to give us the magenta ray of life gives photo-stimulation of a vibrational nature that needs to continue from the womb to the cradle and beyond.

Environmental stress includes firstly natural distorted magnetic fields that emanate from the earth (geopathic stress) and resonances of toxic materials. Secondly the use and abuse of the electro-magnetic spectrum including electric appliances, radio broadcasting and associated installations. Thirdly the catalyst for the other two sections is geopsychic stress being the frequencies affected by thought patterns that lodge in the fabric of walls, furniture and indeed the land itself. This can be described as energy in motion or e-motion of past and present owners and occupiers.

Environmental stress can contribute to a range of debilitating illness and bodily dysfunctions. These stresses are invisible to the naked eye. However, their presence in homes, offices and factories is increasingly being shown to be harmful to our health and functioning.

Environmental stress affecting children is often overlooked. It can contribute to many physical, emotional and mental disorders including learning difficulties, insomnia, behavioural problems, depression, asthma, ME, cancer, leukaemia. There are scientific research projects for the most serious of these illnesses whereas generally behavioural and learning patterns in children are not seen to be important enough to focus on as research projects. In all the case studies that we are going to report on the children did not know the reason that their parents were having their homes harmonised and therefore the effects of our harmonisation are not placebo effects. In fact one young lady came to us who had grown up in a home that we had harmonised many years ago. She asked us if we would balance her new flat as she missed the atmosphere of the family home.

We have surrounded ourselves with a wide range of broad-spectrum energy mainly from the electro-magnetic spectrum. We have come along with the bulldozer and opened numerous quarries and mines for material for our buildings and we have carved out of the old contours new communication systems both for travel and daily contact with one another. We have introduced insulation to our housing and our clothing, which has intensified the electric, magnetic and thermal fields around us. This intensification is also affecting our emotions (or Energy in Motion) and the way we interact with our circumstances the minute we move around in a continually changing earth force field.

The effects and symptoms of environmental stress vary according to the type of environmental stress e.g. natural or man-made and according to the person. The stronger the immune system the less a person is affected by environmental stress. Of course, children generally have a weaker immune system than adults and therefore tend to be more affected. This is partly because of their bonding to gravity and other natural frequencies essential to life and partly because the growing tissue of cells, bone and brain are softer and have a different energetic structure in the way they grow until around the age of 11 to 13.

David Gillett and Jacqui Beacon formed Environmental Harmony ten years ago to balance and harmonise homes and workplaces. We have a unique process and products to harmonise properties. We make our own natural products, called Energy Mixing Beacons, which are strategically placed in properties. These products act as physical metaphors and have an infinite life span - they can be used again to harmonise the next home if the family moves - to keep a property permanently balanced. We have recently opened The Harmony Centre in Suffolk to optimise the production of our products and for further research particularly in the area of childhood development.

Using a process of dowsing and muscle testing we are able to ascertain the environmental stress in a property from a distance anywhere in the world as long as we know the property's full address. We then report to the client the sort of stresses their property suffers and make recommendations how to ameliorate the situation. This involves either harmonising, in less complex cases, from a distance and sending our products by carrier or for more complex cases making an on-site visit. We have satisfied clients all over the world from which we have selected some relevant case studies.

The following case studies we have chosen show repeated trends in the properties that we balance.

Case Study One - Satellite Dishes

Sue asked us to harmonise her home as her son, John, refused to do much homework, lacked concentration in doing tasks and was generally unreceptive. His mother also said that his room was constantly untidy. Sue's front garden was next to an electric sub-station. Underground water was flowing from underneath the sub-station and continued underneath Sue's house. The electro-magnetic frequencies from the house were being magnetically drawn by the electro-magnetic stream flowing beside the water. This causes a distorted frequency pattern to the electric, magnetic and thermal fields of the inhabitants of the house.

We harmonised the house using four of our products placed in strategic positions - two were placed in the house and two were dug in the garden. This released the magnetically distorting effect on the atmosphere around the inhabitants. The harmonisation process normally takes a few weeks to complete but even after a few days Sue phoned to say how much better John was. He was now polite to his parents and peers, did all his homework and had a tidy room. In fact, Sue was quite amazed at the improvement in John's performance.

We always continue to monitor progress from a distance until the house is harmonised. About three weeks after our visit we noticed that the house was different. We monitored more electro-magnetic fields. We were just about to phone Sue to enquire what was going on when she rang us. She complained that John had gone back to his original behaviour before the harmonisation process began. We asked her what had changed in the home. She told us that they had installed a new satellite dish and it was positioned on the external wall, which was the other side of John's headboard. We requested that she move the position of the satellite dish. Sue did not want to do this as that position was the only position without interference. We therefore sent her another product to be placed just above John's headboard to counterbalance the satellite dish.

John's behaviour improved within twenty-four hours. He became once again hard working with a good disposition. He enjoyed his work and his school work and exam results were improved.

Have you noticed when walking and driving along residential streets how many homes have satellite dishes positioned just about bed level on the first floor? We wonder how many people might also be affected without realising it. Would this contribute to the social disorder that the government blames youth for?

Case Study 2 - Electric Meter

John and Judy called us to balance their home as one of their daughters, Samantha aged 3, had swollen glands in the groin area and the other daughter, Melanie aged 4 was too good to be true, quiet and reserved. The family lived in a 3 bedroom Victorian terraced house. The electric meter was situated high up on the wall, near the ceiling of Samantha's room. An old cable crossed the ceiling in the attic space from an overhead supply to the house. Electro-magnetic fields travel through walls, floors, ceilings and the electric meter was adjoining Melanie's bedroom so both girls were unfortunately getting the adverse effects of the meter. The parents could not move the meter owing to the expense involved. We harmonised the home using our harmonisation process and placed five products around the home. We also climbed up into the loft and took away the insulation in the loft that was directly over the electric meter. Insulation keeps warm air, static and electro-magnetic fields in the house.

Within a few days the swelling in Samantha's lymph glands in the groin area had reduced and was back to normal. Melanie on the other hand went through 48 hours of boisterous behaviour as though she had been freed from something. After two weeks both children had adjusted and their teachers remarked on the improvement of their behaviour. Samantha who was the boisterous one immediately calmed down after our on site visit. Her teacher was pleasantly surprised at the difference in her behaviour. Samantha was calmer and Melanie became more balanced,

It is important to look where the electric meter and fuse box is in relation to you and your children. This is especially important in the bedroom as at night the body repairs itself and needs its energy to do so. If adverse fields are present the body cannot fully repair itself. Neural circuitry may be inhibited. It is advisable not to have a television

set in the room directly below beds as Alan Hall ¹ proved that there is a vortex produced above and below a television, which can affect sleep patterns.

Case 3 - Learning Difficulties

Some people call us to harmonise their properties because their children are experiencing difficulties at school. Parents have observed that the harmonisation of the home has improved the child's behaviour, standard of work and enjoyment of school.

Jane went to public school and in exams used to come around 12 out of 24 in her class. After the harmonisation work Jane came in the top three for every exam. Her parents were delighted.

Joyce and Fred asked us to harmonise their home because their child was not happy at school and did not seem to be achieving a satisfactory standard. Even during the harmonisation period, Jerry, their son showed an improvement in both behaviour and class performance.

Sometimes it is the school rather than the home where the child is absorbing the environmental stress and sometimes it is both school and home. We look forward to the time when harmonising schools is normal practise. However, at the moment we give the child one of our products to put in his/her pocket or in the desk, which will help to protect the child from these stresses. We suggest that when choosing a school for your child look to see where the electric sub-station, mobile telephone masts are in relation to the classrooms.

Case Study 4 - Pylons and Underground Water

Joan and Bill lived in a lovely detached house in Hertfordshire. Before buying their present home they had been concerned about the pylons which were situated about 250 metres away. They had been told that the pylons were too far away to cause any health problems to their family. Research at ² Bristol University led by Professor Denis Henshaw et al have shown that the aerosols (ions and water particles in the air) from high voltage powerlines (pylons) can react with car fumes and other toxins. The prevailing wind can deliver these aerosols to homes and offices up to half a mile away contributing to childhood and adult leukaemia. Moreover, underground water flowing under the pylons and then under a property will magnetically join the electro-magnetic fields to the aerosols in the property. The underground water was affecting Joan's and Bill's home. Added to this the electric meter was in the cloakroom high up on the wall directly under Annie's bed. Annie, their daughter, aged 5 always had great difficulty getting out of bed in the morning and never had any enthusiasm to go to school. Both daughters' bedrooms were on one side of the house nearest to the pylons and the parents' bedroom was on the other side of the house. Our meter readings showed a higher reading of 1.5 milligauss variation on the daughter's side of the house. We suggested that Annie's bed be moved to a different position in order that it was no longer over the electric meter. We also placed six products around the home. Joanne reported the very next day that Annie bounded out of bed and wanted to go to school. This attitude continued. Joanne also reported back in the Spring saying that the family had far fewer illnesses during the winter months. Even the few

colds that the girls developed had disappeared within a few days whereas before the harmonisation process there would always be someone in the family ill in bed and the illness would last a week or so.

We have found that children do not get so many infections and illnesses including contagious diseases once their home has been harmonised. The immune system is frequently quoted as being adversely affected by electro-magnetic fields³.

When distorted frequencies from underground water are involved we do not tell clients to move their bed away from the underground water. Often the bedroom is too small to do this and besides there are other adverse energies from man-made appliances that also need to be considered. Our process and products balance and harmonise an environment so that once the harmonisation process is complete the underground water no longer affects people or animals.

Case 5 - Allergies

Children are increasingly suffering from allergies. We believe this to be partly due to the pollution in our environment. Electro-magnetic stress can contribute to allergies as it interferes with the detoxification processes in the body. In fact, electric sensitivity can look like an allergic reaction but will not respond to diet. Some blood groups become more sensitive to environmental stress, which is made worse by a gradual, build up of symptoms over many years (the Swedish Report⁴ has been verified by the Americans). Allergy sufferers tend to have reduced symptoms or elimination of the symptoms after a property is harmonised.

Tom, a boy of nine had very bad eczema. He had taken both allopathic and naturopathic medicine with very little effect. His allergy greatly improved once the house was harmonised. This is because we were able to make his bed area a safe place by removing the electric radio alarm and stereo near his bed and balancing the earth energies underneath the house. We also moved his medication from the range of the microwave cooker.

After this the treatment that his naturopath had given him worked to greater effect because his body was able to cope with the treatment and heal whereas before his body had been using its healing power to "fight" the environmental stress.

We have observed that therapy - orthodox or complementary - works better once a property has been harmonised. A person is able to use the body's innate healing power to greater effect once the body is in a balanced environment.

We advise parents to use microwave cookers with caution. When they are functioning they radiate high fields in all directions including through walls and ceilings. One client could not understand why her goldfish continually died - the goldfish bowl was on the other side of the wall to the microwave - every time she used the microwave she was cooking the goldfish. Electro-magnetic fields penetrate walls. Kinesiology muscle testing shows that nutritional value is taken out of food when microwave cooking. Be aware of the position of a microwave in relation to your boiler for bathing water or central heating because the radiation can switch the

polarity of water molecules and in turn will affect adversely the water molecules of the body. We find that this is one of the quickest ways for the body to lose energy.

Case 6 - Insomnia

Environmental stress can often contribute to poor sleep patterns. We have visited homes where the whole family swaps beds and bedrooms in order to try to find the bed, which give the best sleep. In our experience when this occurs there is always environmental stress in the home.

If there is no medical problem causing or contributing to the insomnia we have found that after the home has been harmonised the children have always slept better and wake up feeling more refreshed.

Case 7 - Conception and Miscarriages

Environmental stress both in the home and at work can contribute to lack of conception and miscarriage. We harmonised a publishing company where six of the female employees could not hold their pregnancies. They had all had tests, which showed that there was nothing wrong with them or their spouses. We harmonised the office using our process and products. We also moved certain electrical appliances to safeguard the workers' health. Within four months of the harmonisation process five out of the six employees were pregnant and gave birth full term to healthy babies! Although the publishing company was pleased they then had another problem on their hands - hiring temporary staff!

Case 8 - ME

Increasing numbers of children suffer from ME (myalgic encephalomyelitis). Jo, a fifteen year old girl, had suffered from ME for two years. She was improving in health after rest, good nutrition and time. Jo noticed an improvement in her energy within a few days of our on-site visit.

There are many reasons for people to get ME. From our observations children often get a viral infection which is not adequately dealt with and then with time this contributes to ME. Often these children have had high doses of antibiotics previously and are high achievers which stresses the immune system. In other words they worry about their work and life in general. We have often found fairly large electro-magnetic fields in homes we have harmonised where the children have ME. The more balanced the environment the easier it will be for the body to recover. We have found that where the child is showing signs of recovery then the harmonisation allows the body to recover quicker. Where the child is very low with ME and needs to stay in bed all day the harmonisation process is a stepping stone for the child and enables other treatment to be more successful.

In summing up we would like to say if you think that some of these scenarios reflect your situation might we suggest that you examine more closely the cradle that is the atmosphere around you. Our process and products are standing the test of time. We have been using our system of balancing properties ten years now, creating the optimum atmosphere within which people can live, work and heal.

If you would like to know more you can find us at Environmental Harmony, The Harmony Centre, Walpole Hatch Farm, Halesworth, Suffolk IP19 9BB Tel 01986 784700. E-mail: enquiries@environmental-harmony.com.

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