

Do We Consider Environmental Factors Sufficiently In Kinesiology Sessions?

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Environmental stress is invisible to the naked eye and yet its presence in homes, offices, supermarkets and schools can be harmful to health. Research shows how environmental stress can contribute towards many illnesses and behavioural problems including insomnia, lethargy, grogginess on waking, lack of concentration, depression, marital problems, infertility, learning difficulties, ME and cancer.

We use the term environmental stress to cover all aspects of stressed atmosphere that we live in. In our system, environmental stress is divided into three sections. These are: a) geopathic b) electro-magnetic c) geopsyche stress. These three areas need to be considered together and are of equal importance.

Geopathic stress involves natural earth movement within the earth's structure. It has been recognised for thousands of years. The ancient Chinese and Eastern cultures used certain principles of Feng Shui to make sure that properties were not built on geopathically stressed areas in order for the occupants to have harmony while working and sleeping. Of course today it is impossible to avoid building on geopathically stressed land, as land is at such a premium.

Man-made electro-magnetic stress is mainly caused by power induced electrical appliances and installations. It covers a vast electro-magnetic spectrum that involves frequencies introduced for radar, radio and microwave use. The stress tends to be caused by magnetic distortion of wave bands and electric fields including those fields produced round direct currents (DC) and alternate currents (AC). Distortions are caused between these fields and the link with natural earth currents associated with the geopathic section. A recent Swedish report revealed electric sensitivity causing skin conditions and sore eyes. People can develop symptoms similar to eczema, which happens gradually over many years.

The third form of environmental stress we name geopsyche and has more subtle implications. Geopsyche stress is the result of positive/negative energy in motion (E-motion) caused by thought patterns that have become resonant in the sub-strata and structural substance of properties. It applies to sacred sites and areas that have perhaps been graveyards or areas that have had animal or human misfortune. It also affects private and public dwellings where unhappy occurrences in the past have left thought forms in the ground and walls.

Von Pohl as early as 1929 made a detailed investigation of Vilsbilburg, a village in Germany, and proved a correlation between geopathic stress and cancer. Of course when Von Pohl did his investigations, electricity was only in its infancy and geopathic stress was the main environmental problem. The first electric sub-station in the UK was built in 1887 in Brighton. Since that time the production of electricity has increased dramatically. Not only do powerful grids of electricity criss-cross the countryside but there are also radio and microwave frequencies in the form of communication towers. Office and home electronic equipment are also now widespread. The combination of these natural and man-made frequencies can cause health problems in the body. Furthermore, the advent of the bulldozer this century has altered the contours of the land causing further environmental problems.

In the 1990's we realized that some of the benefits of our kinesiology sessions were being negated to some extent as soon as our clients returned to their environmentally stressed properties – home or office. We both became determined to find a solution to this problem.

We have discovered that there was a mechanism that early man managed to arrange using these laws of nature that would enhance the ability for man to increase its population without disturbing the overall balance. We have called this mechanism “The Mixing Bowl”. Ancient civilisations had some understanding of this concept because the people realized that by using crystalline and paramagnetic rock and trees in a spiral formation they could create a "Mixing Bowl". These Mixing Bowls were set in the converging paths of pure life force energy, earth magnetic energy and raw cosmic energy. As the different energies met they would swing on opposing spirals into the mixing bowl and then would throw out balanced energy around the contours of the land. This harmonised energy then gave the people a balanced environment around the contours of the land to grow their crops and build their houses. These days the introduction of man-made energies needs the same consideration for overall balance of the environment.

We have recreated the ancient concept of the Mixing Bowl into a new framework with the development of our products, the Energy Mixing Beacons, with the intention of creating the optimum atmosphere in people's living and working environments. We have the same spin on all our products, which is similar to the original Mixing Bowls. As a result of environmental disturbance the spin creates a continuous switch between this clockwise and anti-clockwise motion. In this whirlpool of movement we believe that distortions in magnetic fields in the environment can be rectified and thus remove the pressure from human electric and magnetic fields. Consequently the body system can therefore function more effectively. The products also have a self-cleansing mechanism so that they do not absorb the adverse energy. In other words, once the products are placed in position, apart from dusting, they will continue to function without service or replacement for many years. Occasionally a property may need an adjustment if there are road works nearby or the property has had an extension build since the harmonisation process as the foundations have been disturbed, or a major tree has fallen down. Occasionally we find that there is a karmic link between a person and their property and so unless the person is prepared for us to investigate this before or during our harmonisation work we cannot accept the consultation. From our experience, unless the karma can be sorted out the environmental stress will reappear within twelve months.

We discovered that the shape and colour of the products were important for specialised areas of environmental stress. The colour green was important for correcting natural geopathic fields and blue for the man-made electric and electro-magnetic fields.

When contacted by a client (often on the recommendation of a therapist) we diagnose the property remotely using self-muscle testing. We test for which type of environmental stress, the type and number of products needed and whether the property can be harmonised from a distance or requires an on-site visit (for more complex problems). Our products work in conjunction with our harmonisation process. A third of the harmonisation is achieved on the day the products are placed and the whole process generally takes about two months to complete. We regularly check and adjust vibrationally from a distance during the period of harmonisation.

There are ways that you, the kinesiologist, can help improve your client's environment. If you suspect that your client may be suffering from environmental stress do some muscle testing (using modes, substances or words). Find out the type(s) of environmental stress and also where your client is mainly acquiring this - home, work, travelling, supermarket or elsewhere.

The most important place to harmonise is the bedroom. Your client will spend on average eight hours a day there and night time is the time when the body repairs itself. If the body is being bombarded by environmental stress this function can be impaired.

Muscle test to make sure the bed, your client's favourite armchair etc is in its optimum position. Make sure that it is not over the point where two streams of underground water cross or at the edge of underground water or over a geopathic fault. Research shows serious illness can result if a person is lying over a strong magnetic field from underground water.

It is prudent to pull out all plugs or have the socket switches in the off position when not in use, especially in the bedroom, as otherwise electric fields are still surging through electrical equipment. Electric blankets and electric alarm clocks emit high fields which, from our experience, can eventually cause problems to clients with a lowered immune system. Make sure electric alarm clocks are at least four feet away and that electric blankets are unplugged at the mains. Similarly the bedroom television needs to be about 6 feet away from the bed. Electrical installations on the wall immediately behind or next to the bed are also relevant here. Where there is a computers and battery chargers, for example, in the next room close to the bedroom wall this may well cause electro-magnetic fields to radiate through the wall to the bed area. Computers can also link with televisions and electrical kitchen equipment to cause distorted fields. Furthermore, a bed over a kitchen with florescent lighting can become passive resonators in the bedsprings that can effect the client. If possible, the bed should be a few feet away from a radiator.

Another area of concern is the position of the electric meter and fuse box. We have seen that where this is placed in a bedroom, especially if the roof space is well insulated there is a very high degree of electro-magnetic and electro-static radiation. We would strongly advise people to shield the meter and fuse box or, preferably, move the meter outside. Another solution is to remove the insulation in the roof just above the meter in order to allow the fields to be drawn upwards by the warmth of the house: the installation keeps warmth and electro-magnetic and electro-static fields in!

Ask your client where s/he keeps his/her nutritional products. The placement of products near plugged in electrical equipment can cause products to lose some of their efficacy. Similarly it is important to look at the position of the microwave oven. As it has strong fields, which radiate a few feet in all directions, it is beneficial to place it on an outside wall away from food cupboards, water heaters and gas boilers. Where microwave ovens are placed below boilers and water heaters, the water molecules in the body will switch polarity when microwave frequencies are projected through them.

In offices make sure that your client is not sitting with the back of a computer behind or facing her/him; the backs of computers emit a high electro-magnetic field. If your client is mainly getting environmental stress from work where there are computer, florescent lights, nylon carpets etc or shopping centres where the strong electro-magnetic fields can cause fatigue we advise the The Harmony Token for personal use. David and our Canadian partner developed this product which helps to overcome distorted electro-magnetic fields in the body, raise the body's energy levels by release of oxygen to the brain and replace the depleted colour frequencies in the cells by projecting them to the space between the cells.

Below we very briefly outline four cases we have dealt with which will give you some idea of the sort of problems we encounter-:

Property Bearings brought into Alignment

Sam, a surveyor, contacted us as he had not slept well since moving to his new home four months previously. His home had what we term "a sand gault syndrome". This means sand or shale is sandwiched between the clay beneath his house. The sand becomes water logged owing to underground streams that find their way through the sand and these areas often meander for miles. If any one of these areas of sand or shale run under tube lines, railway lines, electric sub-stations, power lines this can exacerbate the problem. Shafts of sand also run horizontally from the sand towards the surface linking with magnetic fields. This caused an induced current in the underground water below and distortion to the earth's grid lines.

Sam needed only one Energy Mixing Beacon and we were able to harmonise his home remotely without making an on-site visit. The next day he phoned to say not only had he had the first good night's sleep in four months but that, unknown to us, our work had corrected the compass bearings of his flat. Sam was a surveyor and so he had been puzzling about the compass readings of his flat for the last four months since he had moved into the building. In certain parts of the home the readings were up to 40 degrees out. Sam had tested this using two varieties of surveyor's compasses. Once the Energy Mixing Beacon was in place the compass bearings became accurate. The improvement in his home has continued ever since.

We have dowsed that this sand gault syndrome is present in various properties that we harmonise. We have discovered that the symptoms clients feel with this syndrome are impaired creativity and great difficulty in finishing tasks. Clients have said that it sometimes feels as if they are "treading treacle" and that tasks seem to take much longer than they should.

Constantly Feeling Unwell

Tom was a first year university student who lived in a Hall of Residence. Although he was very happy at university, coped easily with his work and enjoyed a good social life, he constantly became ill with bad colds, sore throats and sinus trouble. He often felt tired and would have to go home during term-time on many occasions to recuperate.

Tom's mother gave him all sorts of vitamins and minerals in an attempt to restore his health. However, as soon as he got over one illness another would occur.

Our advice was sought after two terms at Hall. We dowsed that there was a great deal of geopsychic stress in Tom's room owing to a traumatic incident which occurred there a few years previously. Unknowingly, Tom was sensitive to this. The room also had high readings of an electric/magnetic nature. The room was only a few hundred yards from a television-broadcasting tower which emits a large amount of microwave frequencies.

We space cleared the room and placed two of our products there at the beginning of the summer term. Tom spent a very pleasant term there without one day's illness.

As we mentioned Tom was a sensitive male. On an unconscious level he was tuning into occurrences and thought patterns that still existed in the walls that had happened a few years previously. Less sensitive people might not have been affected in a similar way.

Lack of concentration and learning difficulties

We have found that environmental stress is also linked to learning problems. Joseph, a fourteen-year-old boy, went to a local public school and just would not do his homework at home. The source of the problem was mainly the electric sub-station literally next door to the front garden. There was a band of underground water running under the sub-station that continued to run underneath the house. This distorted the earth energy fields and amplified the electro-magnetic fields. After the harmonisation took place the boy did his homework at home without argument. A few weeks later, however, Joseph stopped doing his homework again. Remote dowsing indicated that the house had increased electro-magnetic interference. It turned out that a week previously the family had had a satellite dish installed on Joseph's bedroom wall, just on the other side of his headboard. Further harmonisation work was needed to accommodate this new device. Once the harmonisation was complete Joseph did his homework once again without a problem.

We have discovered that the appropriate position of a satellite dish is important to the maintenance of good health, balanced behaviour and clarity of concentration.

Chronic Fatigue Syndrome

Susan was a girl of sixteen who had chronic fatigue syndrome. Her house harmonisation had very positive results for her. We found both geopathic and man-made electro-magnetic stress in the house. Susan was actually making a relatively good recovery before our on-site visit. Our harmonisation work together with placing the Energy Mixing Beacons appeared to boost this recovery further. Following our visit her parents noted a marked increase in recovery.

With many cases of chronic fatigue syndrome the client does not always appear to improve in health straight away after our harmonisation process. However, it is often the family who feels better more immediately. We often hear the family say that they could not sleep and put that down to emotional worries. After the house harmonisation the family's sleep and energy patterns usually improve. We believe that in the case of clients with chronic fatigue and ME, our harmonisation work gives them a chance to recover, as we believe that our process is breaking up the distorted environmental stress fields that are draining the body of energy.

We believe that it is possible to adjust a client's environment using kinesiology techniques in conjunction with dowsing. If you have any queries about your own property or those of your clients please contact Jacqui and David. They have also been running successful one and two day workshops using kinesiology and dowsing to create Environmental Harmony. Please contact them for information – Tel 0181 455 7912.

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